



**Australian Government**

**Department of Health**



# **North Coast Primary Health Network Drug and Alcohol Treatment Activity Work Plan 2016 - 2019**

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# Introduction

## Overview

The activities detailed in this document are designed to progress the key objectives of the Drug and Alcohol Treatment Services Annexure by:

- Increasing the service delivery capacity of the drug and alcohol treatment sector through improved regional coordination and by targeting areas of need, and
- Improving the effectiveness of drug and alcohol treatment services for individuals requiring support and treatment by increasing coordination between various sectors, and improving sector efficiency.

This Drug and Alcohol Treatment Activity Work Plan covers the period from 1 July 2016 to 30 June 2019 and is an update to the Activity Work Plan submitted to the Department in May 2016.

## Strategic Vision for Drug and Alcohol Treatment

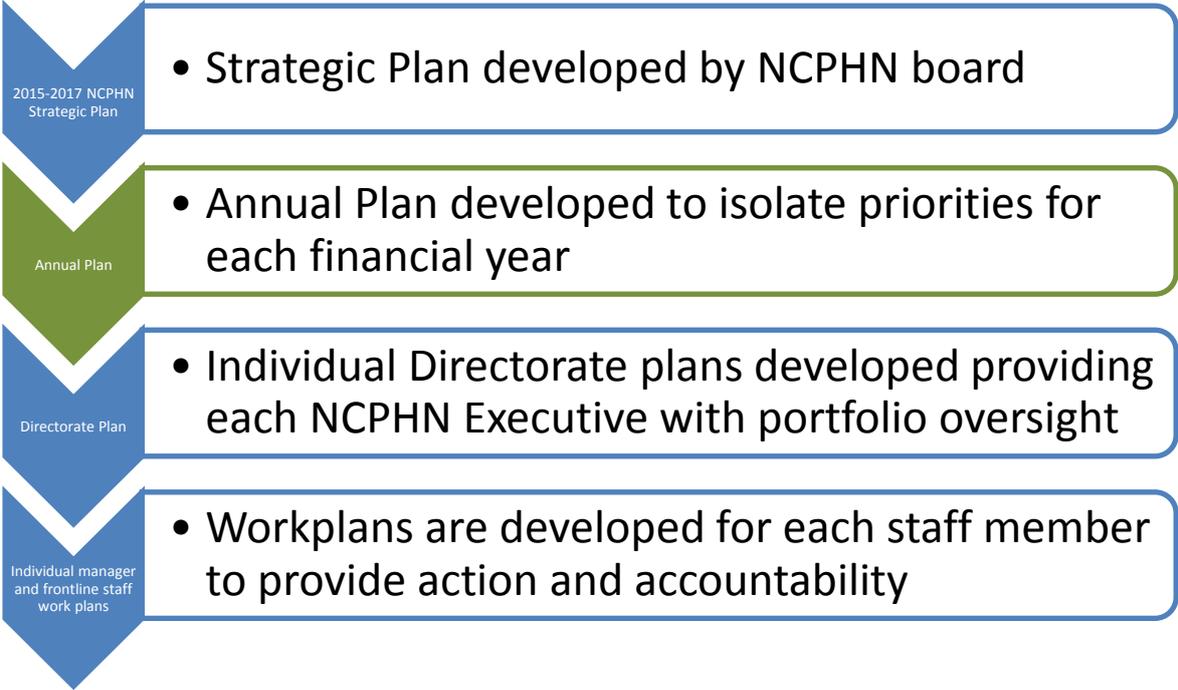
The NCPHN vision for Drug and Alcohol Treatment is to improve the physical health and emotional wellbeing of individuals, families and communities throughout the North Coast by strengthening the capacity of the alcohol and other drugs treatment sectors to respond effectively to the needs.

This will be achieved by:

- Increasing the quality and effectiveness of drug and alcohol treatment services on the North Coast, using co-design methodology within a commissioning framework to stimulate and grow person-centred services that are culturally safe and best fit for regional needs
- Improving client outcomes and experience through greater coordination and integration, and working with all partners in the health and social services sectors
- Ensuring quality assurance processes are in place using an evidence-based approach to plan and deliver commissioned services, and valid data to monitor and evaluate their effectiveness
- Addressing inequities in access to drug and alcohol treatment services for hard-to-reach groups, especially Aboriginal peoples
- Strengthening the knowledge, skills and confidence in effective and culturally safe treatment practices and holistic care among the generalist and specialist workforce across the spectrum of drug and alcohol services throughout the region
- Improving the efficiency of services and increasing value for money through an ethically sound, collaborative commissioning model that draws on strong community and clinician input.

**Strategic Implementation**

This Activity Work Plan represents the second phase in the NCPHN planning process. To ensure all elements of the NCPHN Strategic Plan become operationalised, a cascading implementation plan structure is used. This enables a direct line of sight between the organisation’s strategic objectives and work plan actions for individual front line staff. All teams report on their progress monthly to the Executive Team.



# Planned activities: Drug and Alcohol Treatment Services – Operational and Flexible Funding

Proposed Activities	
Activity Title	<b>1. Low Intensity Alcohol and other Drug Treatment Services</b>
Existing, Modified, or New Activity	New Activity
Needs Assessment Priority Area	D&A(3) Drug & Alcohol Treatment Integration Project, page 65.
Description of Drug and Alcohol Treatment Activity	<p>Delivery of early intervention, low intensity services for reducing drug and alcohol use by the existing non-registered health or social services workforce, across the NSW North Coast, targeting people with less problematic co-occurring drug use and mental health issues.</p> <p>1.1 Low intensity Drug and Alcohol service in the Mid North Coast Local Health District region            1.2 Blended-low intensity service, in the model low intensity drug and alcohol services are offered in combination with low intensity CBT for anxiety and depression and follow up after a suicide attempt and in the Northern NSW Local Health District</p> <p>Outcome and performance measurement: The co-design process will identify targets for:</p> <ul style="list-style-type: none"> <li>• % NCPHN population receiving service</li> <li>• Treatment outcome target based on appropriate outcome measurement tool(s)</li> <li>• Occasions of services delivered</li> </ul> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Amendments from 2016-17 AWP:</p> <ul style="list-style-type: none"> <li>• New Activity</li> </ul> </div>
Target population cohort	People aged over 12 years of age with substance misuse issues that have a mild to moderate impact on their daily functioning
Consultation	In response to the NCPHN 2016 Needs Assessment survey, 466 out of 753 (62%) of service providers reported that coordinated mental health and drug and alcohol services are hard for people to access.

	<p>The initial concept has been discussed with both beyondblue and NADA with a full day meeting conducted on 24 January 2017.</p> <p>Consultation meetings with Mid North Coast and Northern NSW LHD Drug &amp; Alcohol Services scheduled for February 2017.</p> <p>Co-design workshop with NGOs and other stakeholders on 1 March 2017.</p> <p>A stakeholder forums of key informants within the LHDs, Aboriginal and Torres Strait Islander, and non-government health and social sectors will be held by end March 2017</p>
Collaboration	<p>NADA and beyondblue: expert advice in service development including the development of modified training modules to support the development of local, blended low intensity model</p> <p>NGOs and other organisation supporting target groups: contributors to co-design and training costs</p>
Indigenous Specific	<p>No. However actions within this Activity are designed to make a tangible contribution to improving the treatment experiences and health outcomes for Aboriginal and Torres Strait Islander peoples accessing mainstream services.</p>
Duration	<p>1 July 2017 - 30 June 2019</p>
Coverage	<p>1.1 Mid North Coast Local Health District region</p> <p>1.2 Tweed Valley, Byron, Ballina, Kyogle, Lismore, Clarence Valley, Richmond Valley</p>
Commissioning method	<p>Wholly commissioned.</p>
Approach to market	<p>Depending on the outcomes of the co-design process, either a select or open tender process will be used to procure services.</p>
Decommissioning	<p>NA</p>

Proposed Activities	
Activity Title	<b>2. Outpatient Withdrawal Management Services</b>
Existing, Modified, or New Activity	Existing Activity
Needs Assessment Priority Area	D&A(1) Outpatient Withdrawal Management Services, page 65.
Description of Drug and Alcohol Treatment Activity	<p>Outpatient Withdrawal Management Services established which feature:</p> <ol style="list-style-type: none"> <li>1. the engagement of GPs</li> <li>2. integration of specialist addiction medicine support</li> <li>3. adherence to evidence-based approaches</li> <li>4. referral pathways to physical, mental and social services relevant to client needs; and</li> <li>5. the consistent delivery of culturally safe services.</li> </ol> <p>Outcome and performance measurement: The co-design process will identify targets for:</p> <ul style="list-style-type: none"> <li>• % NCPHN population receiving service</li> <li>• Treatment outcome target based on appropriate outcome measurement tool(s)</li> <li>• Relapse rate.</li> </ul> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Amendments to 2016-17 AWP:</p> <ul style="list-style-type: none"> <li>• Changed title from 'Activity D&amp;Aa'</li> <li>• Minor changes to description of activity</li> <li>• Inclusion of measures in description.</li> </ul> </div>
Target population cohort	People with substance misuse disorders, sole parents with dependent children and people with a co-occurring mental illness.
Consultation	<p>Community consultations were held in 2016 to identify target populations and priority areas for investment to fill gaps in treatment services</p> <p>Meeting held with NGO D&amp;A peak body in January 2017 to confirm strategic intent of investments</p> <p>Meetings with the Mid North Coast LHD D&amp;A services are scheduled for first half of 2017 to re-affirm target populations and service gaps.</p> <p>Stakeholder forums in MNC are scheduled for first half of 2017 to re-affirm target populations and service gaps.</p>

Collaboration	Mid North Coast LHD: joint service design and possible co-commissioning GPs: Integration of service into GP clinic
Indigenous Specific	No. However Aboriginal and Torres Strait Islander people will be encouraged to access the service and service provider required to embed culturally safe practices in service delivery.
Duration	1 July 2017 - March 2018. Possible extension until 30 June 2019, pending outcome of evaluation.
Coverage	Mid North Coast LHD region
Commissioning method	Wholly commissioned
Approach to market	Open or select tender
Decommissioning	NA

Proposed Activities	
Activity Title	<b>3. Day Stay Rehabilitation Drug and Alcohol Treatment Services</b>
Existing, Modified, or New Activity	Existing activity
Needs Assessment Priority Area	D&A(4) Improve access to drug and alcohol rehabilitation services, page 65.
Description of Drug and Alcohol Treatment Activity	<p>An evidence-based, intensive six-week Dayhab program will be offered in three locations (Lismore, Byron Bay and Tweed Heads) in Northern NSW to maximise client reach and service access. People living within 30 minutes radius of these locations will be supported to access the services</p> <p>The Dayhab service will deliver the following key benefits:</p> <ol style="list-style-type: none"> <li>1. Fill the gap between brief clinical interventions and long-term residential services using a person-centred stepped care approach.</li> <li>2. Deliver intensive psycho-educational and therapeutic modules tailored to the individual needs of the client;</li> <li>3. Deliver an integrated, comprehensive service that actively links with broader health and support services to meet the holistic needs of the client.</li> </ol> <p>Performance Measurement:</p>

	<ul style="list-style-type: none"> <li>• Relapse rate: Fifty per cent reduction in clients receiving the service relapsing within 3 months post-treatment compared to provision of usual care, by 31 December 2017</li> <li>• Number of people receiving the service: Target 45</li> </ul> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Amendments to 2016-17 AWP:</p> <ul style="list-style-type: none"> <li>• Changed title from 'Activity D&amp;Ab'</li> <li>• Increased specificity of description of activity</li> <li>• Specified locations of service</li> <li>• Added description of service benefits</li> <li>• Removed description of 'key elements' of service</li> <li>• Inclusion of measures in description.</li> </ul> </div>
Target population cohort	<p>People (aged over 18yrs) with substance misuse issues who:</p> <ul style="list-style-type: none"> <li>• Live with dependent children</li> <li>• Will not enter long-term residential programs for financial, personal or professional reasons</li> <li>• Have binge-using patterns, especially for alcohol and Ice</li> <li>• Have a history of chronic relapse</li> <li>• Require extended post residential program support</li> <li>• Require post-court diversion program relapse prevention</li> </ul>
Consultation	<p>Consultations were held in 2016 with government and non-government service providers and community members to identify target populations and priority areas for investment to fill gaps in treatment services</p>
Collaboration	<p>The service will collaborate with the following key partners:</p> <ul style="list-style-type: none"> <li>• GPs</li> <li>• Specialist Drug and Alcohol Services</li> <li>• Mental Health Services</li> <li>• Allied health providers</li> <li>• Social support services including housing, employment and recreational groups</li> <li>• SMART Recovery peer support groups; and</li> </ul>

	<ul style="list-style-type: none"> <li>Community Corrections</li> </ul>
Indigenous Specific	No. However Aboriginal and Torres Strait Islander people will be encouraged to access the service and service provider required to embed culturally safe practices.
Duration	31 March 2017 – 30 June 2018. Possible extension until 30 June 2019, pending outcome of evaluation.
Coverage	Lismore, Byron Bay & Tweed Heads and communities within 30 minutes radius
Commissioning method	Wholly commissioned
Approach to market	Open tender
Decommissioning	NA

Proposed Activities	
Activity Title	<b>4. Primary Care Drug and Alcohol Treatment (Counselling and Care Coordination)</b>
Existing, Modified, or New Activity	New Activity
Needs Assessment Priority Area	D&A(3) Drug and Alcohol Treatment Integration, page 65.
Description of Drug and Alcohol Treatment Activity	<p>Psychological therapies for Drug and Alcohol misuse, provision of care coordination and monitoring of physical health and medication management including the following features:</p> <ol style="list-style-type: none"> <li>the engagement of GPs</li> <li>integration of specialist addiction medicine support</li> <li>adherence to evidence-based approaches</li> <li>referral pathways to physical, mental and social services relevant to client needs; and</li> <li>the consistent delivery of culturally safe services</li> <li>a focus on early intervention (particularly for youth)</li> </ol> <p>Outcome and performance measurement: During contract negotiation targets will be identified :</p> <ul style="list-style-type: none"> <li>% NCPHN population receiving service, including for specific target groups</li> <li>Treatment outcome based on appropriate outcome measurement tool(s)</li> <li>Positive patient experience as measured by YES survey (for some services)</li> </ul>

	Amendments to 2016-17 AWP: <ul style="list-style-type: none"> <li>• New Activity</li> </ul>
Target population cohort	People with severe AOD dependence who can be safely managed in the primary care setting, people with substance misuse disorder and young people aged 12-16 years enrolled in Hastings and Kempsey high schools
Consultation	Plans to consult with Clinical Council, Clinical Expert Panel and consumers
Collaboration	NA
Indigenous Specific	No. However Aboriginal and Torres Strait Islander people will be encouraged to access the service and service provider required to embed culturally safe practices.
Duration	1 October 2017- 30 June 2019
Coverage	Lismore, Richmond Valley, Coffs Harbour and Nambucca
Commissioning method	Wholly commissioned
Approach to market	Open tender
Decommissioning	NA

<b>Proposed Activities</b>	
Activity Title	<b>5. Northern NSW Drug &amp; Alcohol Treatment Integration Project</b>
Existing, Modified, or New Activity	Existing Activity
Needs Assessment Priority Area	D&A(6) Increased access to drug and alcohol treatment services, page 65. HW(1) Strengthen the primary health care workforce capacity and capability, page 66.

<p>Description of Drug and Alcohol Treatment Activity</p>	<p>The Northern NSW Drug &amp; Alcohol Treatment Integration Project has been developed in response to local community demand. The focus is to address system and process barriers to the delivery of well-coordinated, integrated drug and or alcohol treatment tailored to the needs of the client.</p> <p>The project is designed to build on the achievement of the previous Substance Misuse Crystal Methamphetamine Project to direct a greater focus on improving the effectiveness of drug and alcohol treatment services for people requiring support and treatment. This will be achieved by:</p> <ol style="list-style-type: none"> <li>1. strengthening the knowledge, skills and confidence among community based service providers in supporting people with substance disorders throughout Northern NSW using SMART Recovery Facilitator Training. SMART Recovery is a CBT based program using research-backed techniques for behaviour change. The SMART Recovery model addresses (1) enhancing and maintaining motivation, (2) coping with urges, (3) problem solving, and (4) lifestyle balance.</li> <li>2. building capabilities among LHD, GPs, mental health, and youth justice service providers in responding appropriately to people with substance use disorders, with a focus on increasing uptake of the Drug and Alcohol Referral Pathways and the Stimulant Treatment Line.</li> <li>3. working with the NNSW LHD and NCPHN Mental Health Reform team to strengthen the integration and coordination of Drug &amp; Alcohol and mental health treatment services for people with co-occurring mental illness.</li> </ol> <p>The project is structured to ensure outcomes continue to be delivered after the project finishes for example through ongoing SMART recovery groups operating across the region and sustainable system level improvements.</p> <p>Performance Measurement:</p> <ul style="list-style-type: none"> <li>• SMART Recovery Groups operating in a minimum of 10 communities in Northern NSW by 30 June 2017</li> <li>• 80% SMART Recovery Facilitators (n=32) trained via the Project are convening SMART Recovery groups in Northern NSW</li> <li>• A minimum of three SMART Recovery Groups providing support to people from 'hard to reach' community members</li> <li>• A minimum of 10 communities in NNSW supported to implement strategies to meet the drug and alcohol treatment needs of community members</li> <li>• A minimum of one training in responding appropriately to substance misuse provided to LHD staff, GPs, mental health, AMS and ACCHOs, and youth justice service providers</li> <li>• Evidence of Team Care Arrangement policies and procedures established in mental health and D&amp;A</li> </ul>
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	<p>treatment services</p> <div style="border: 1px solid black; padding: 5px;"> <p>Amendments to 2016-17 AWP:</p> <ul style="list-style-type: none"> <li>• Changed title from 'Activity D&amp;Ac'</li> <li>• Added Performance Measurement.</li> </ul> </div>
Target population cohort	<ul style="list-style-type: none"> <li>• Non-government organisations delivery services to people requiring support and treatment in dealing with their substance misuse issues</li> <li>• NNSW LHD Mental Health and Alcohol &amp; Drug</li> <li>• Aboriginal Medical Services and Indigenous Community Controlled Health Organisations</li> <li>• Broader health and social service providers</li> </ul>
Consultation	<p>Project overseen by multiagency taskforce. Membership includes:</p> <ul style="list-style-type: none"> <li>• Bulgarr Ngaru Medical Aboriginal Corporation</li> <li>• Northern NSW LHD</li> <li>• NSW Police</li> <li>• Department of Education.</li> </ul>
Collaboration	<p>Bulgarr Ngaru: Joint funder for earlier stage of the project</p> <p>Project works collaboratively with Department of Justice, Local Community Drug Action Teams, <i>Drug &amp; Alcohol Community Advisory Committee (DACAC)</i> and Consortium of Neighbourhood Centres.</p>
Indigenous Specific	<p>No. However actions within this Activity are designed to make a tangible contribution to improving the treatment experiences and health outcomes for Aboriginal and Torres Strait Islander peoples accessing mainstream services.</p>
Duration	2016 - 17
Coverage	Northern NSW
Commissioning method	Direct service delivery transitioned to wholly commissioned on 16 January 2017
Approach to market	Open tender
Decommissioning	NA

Proposed Activities	
Activity Title	<b>6. Regional Drug &amp; Alcohol Planning, Integration and Quality Assurance</b>
Existing, Modified, or New Activity	Existing Activity
Needs Assessment Priority Area	D&A(4) Regional Drug & Alcohol Planning, Integration and Quality Assurance, page 65.
Description of Drug and Alcohol Treatment Activity	<ol style="list-style-type: none"> <li>1. Establish and support a Regional Leadership Group and coordinate all NCPHN alcohol and drug activities to build cross-sector engagement and active participation in addressing identified issues throughout the North Coast. The membership will have representation from a range of relevant services including but not limited to MNC and NSW LHD; Department of Family and Community Services; Department of Education; Police Services; Aboriginal Community Controlled Organisations; NGO Alcohol and Drug and Mental Health sectors; those with a lived experience of substance misuse; and families/carers.</li> <li>2. Finalise Drug and Alcohol Health Pathways to improve the quality and consistency of primary health care by providing GPs throughout the region with ready access to current information about evidenced-based treatment options and local referral pathways.</li> <li>3. Undertake a series of targeted stakeholder and community consultations to inform the development of 2017/18 Drug and Alcohol Treatment Services Regional Plan and commissioning processes.</li> <li>4. Undertake joint planning with the Local Health Districts (LHD) and Aboriginal Community Controlled Organisations to better align and coordinate treatment services to meet the needs of all community members.</li> <li>5. Establish an Clinical Expert Panel to provide clinical oversight of the design and commissioning of treatment services</li> </ol> <p>Performance Measurement:</p> <ul style="list-style-type: none"> <li>• Multi-sector Regional Leadership Group established and functioning by 1 October 2017</li> <li>• Evidence-based D&amp;A Health Pathways available and actively promoted to all GPs in North Coast region by 30 June 2018</li> <li>• Number and range of community and stakeholder groups actively participating in D&amp;A planning processes.</li> <li>• Clinical Expert Panel established and providing clinical oversight of D&amp;A commissioned services by 1 July 2017</li> </ul>

	<p>Amendments to 2016-17 AWP:</p> <ul style="list-style-type: none"> <li>• Changed title from 'Activity D&amp;Ae'</li> <li>• Removed listing of participant for sub-activity 3.</li> <li>• Added sub-activity 5 regarding establishment of Clinical Expert Panel.</li> <li>• Added Performance Measurement.</li> </ul>
Target population cohort	Services tasked with progressing the intended outcomes of the National Ice Strategy
Consultation	<p>Community consultations were held in 2016 to identify target populations and priority areas for investment to fill gaps in treatment services</p> <p>Meeting held with NGO D&amp;A peak body in January 2017 to confirm strategic intent of investments</p> <p>Meetings with the MNC LHD D&amp;A services are scheduled for first half of 2017 to re-affirm target populations and service gaps.</p> <p>Stakeholder forums in MNC are scheduled for first half of 2017 to re-affirm target populations and service gaps.</p>
Collaboration	The project will be delivered in close collaboration with Mid-North Coast and NNSWLHDs and major partners with a role in the achieving the goals of the National Ice Strategy
Indigenous Specific	The integration, coordination and collaboration activities listed will also encompass and address drug and alcohol service needs of Aboriginal and Torres Strait Islander peoples (see below)
Duration	April 2017 - 30 June 2019
Coverage	Entire NCPHN region
Commissioning method	Direct service delivery
Approach to market	NA
Decommissioning	NA

# Planned activities: Drug and Alcohol Treatment Services for Aboriginal and Torres Strait Islander people – Flexible Funding

Proposed Activities	
Activity Title	<b>1. Effective Drug and Alcohol Treatment services for Aboriginal people</b>
Existing, Modified, or New Activity	Existing activity.
Needs Assessment Priority Area	D&A(5) Effective Drug and Alcohol Treatment services for Aboriginal people, page 65.
Description of Drug and Alcohol Treatment Activity	<p>Organisations have been contracted to deliver</p> <ol style="list-style-type: none"> <li>1.1 Outpatient withdrawal management services</li> <li>1.2 Intensive rehabilitation support services</li> <li>1.3 Specialist drug and alcohol services</li> </ol> <p>Services are to:</p> <ol style="list-style-type: none"> <li>a. Be targeted and culturally appropriate drug and alcohol treatment services for Aboriginal and Torres Strait Islander people which link to broader Indigenous health services.</li> <li>b. Promote linkages with broader health and support services, including mental health services, to better support integrated/coordinated treatment and referral pathways to support clients with comorbid mental health disorders.</li> <li>c. Facilitate and support evidence-based treatment for clients using a range of substances, as well as flexible and stepped care models tailored to individual need and stage of change.</li> <li>d. Address the increased demand for access to drug and alcohol treatment – which may be attributable to increasing methamphetamine use – through needs based and targeted planning in response to the changing needs of the community.</li> </ol> <p>Outcome and performance measurement: The co-design process will identify targets for:</p> <ul style="list-style-type: none"> <li>• % NCPHN Aboriginal population receiving service</li> <li>• Treatment outcome target based on appropriate outcome measurement tool(s)</li> <li>• Relapse rate</li> </ul>

	<p>Amendments to 2016-17 AWP:</p> <ul style="list-style-type: none"> <li>• Changed title from 'Activity Ab-D&amp;Aa'</li> <li>• Changed description of activity to focus on services being delivered</li> <li>• Performance measures added.</li> </ul>
Target population cohort	<p>1.1&amp; 1.2 Aboriginal men over 18 in the Lismore area experiencing high criminogenic and health risks and dysfunction caused by, or originating from, alcohol and other drug misuse and men with multiple and complex issues across AOD misuse, recidivism, mental health, family breakdown, unemployment and homelessness.</p> <p>1.3 Aboriginal community members in Lismore with co-morbid mental health and substance misuse disorders</p> <p>1.4 Aboriginal community members in Grafton with substance misuse disorder</p>
Consultation	<p>Consultations were held in 2016 with government and non-government service providers and community members to identify target populations and priority areas for investment to fill gaps in treatment services</p> <p>Consultation with ACCHO held on 14 February 2017</p>
Collaboration	The NCPHN will work with the contracted providers to support implementation of the projects as specified
Indigenous Specific	Yes
Duration	31 March 2017 – 31 March 2018, with possible extension until 30 June 2019, pending outcome of evaluation.
Coverage	NNSW
Commissioning method	Wholly commissioned
Approach to market	Open tender
Decommissioning	NA

Proposed Activities	
Activity Title	<b>2. Aboriginal Drug and Alcohol Workforce development</b>
Existing, Modified, or New Activity	Existing
Needs Assessment Priority Area	D&A(7) Aboriginal Drug and Alcohol Workforce development, page 66.
Description of Drug and Alcohol Treatment Activity	<p>This activity is designed to strengthen the Aboriginal Drug and Alcohol workforce in capability and size. This is a longer term strategy to support future investments in Aboriginal drug and alcohol treatment services.</p> <p>The project will:</p> <ol style="list-style-type: none"> <li>1. use a co-design process, to identify opportunities and mechanisms to increase the capacity and capabilities within Aboriginal Community Controlled Organisations and other relevant Indigenous workforce in the delivery of effective drug and alcohol treatment services to Aboriginal people and</li> <li>2. procure identified solution(s)</li> </ol> <p>Potential mechanisms may include training, scholarships, internships and/or mentoring.</p> <p>Outcome and performance measurement: The co-design process will identify targets for:</p> <ul style="list-style-type: none"> <li>• Number of professionals supported through workforce development program</li> <li>• Number of professionals supported through workforce development program employed in Drug and Alcohol treatment services</li> </ul> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Amendments to 2016-17 AWP:</p> <ul style="list-style-type: none"> <li>• Title changed from 'Ab-D&amp;Ad'</li> <li>• Removed reference to 'training (including scholarships), internships and/or mentoring'</li> <li>• Added performance measures</li> </ul> </div>
Target population cohort	Existing and future Aboriginal Drug and Alcohol workforce
Consultation	<p>Consultations were held in 2016 with government and non-government service providers and community members to identify target populations and priority areas for investment to fill gaps in treatment services</p> <p>Consultation with ACCHO held on 14 February 2017</p>

Collaboration	LHD and partnering drug and alcohol services NGOs: to provide career pathways and mentoring for Aboriginal drug and alcohol workforce
Indigenous Specific	YES
Duration	1 July 2017- 30 June 2019
Coverage	NCPHH region
Commissioning method	Wholly commissioned
Approach to market	Depending on the outcomes of the co-design process, either a select or open tender process will be used to procure services
Decommissioning	NA

<b>Proposed Activities</b>	
Activity Title	<b>3. NSW Drug &amp; Alcohol Treatment Integration Project</b>
Existing, Modified, or New Activity	Existing activity
Needs Assessment Priority Area	D&A (6) Increased access to drug and alcohol treatment services, page 65. HW(1) Strengthen the primary health care workforce capacity and capability, page 66.
Description of Drug and Alcohol Treatment Activity	<p>The Northern NSW Drug &amp; Alcohol Treatment Integration Project has been developed in response to local community demand. The focus is to address system and process barriers to the delivery of well-coordinated, integrated drug and or alcohol treatment tailored to the needs of the client.</p> <p>The project is designed to build on the achievement of the previous Substance Misuse Crystal Methamphetamine Project to direct a greater focus on improving the effectiveness of drug and alcohol treatment services for people requiring support and treatment. This will be achieved by:</p> <ol style="list-style-type: none"> <li>1. strengthening the knowledge, skills and confidence among community based service providers in supporting people with substance disorders throughout Northern NSW using SMART Recovery Facilitator Training. SMART Recovery is a CBT based program using research-backed techniques for behaviour change. The SMART Recovery model addresses (1) enhancing and maintaining motivation, (2) coping with urges, (3) problem solving, and (4) lifestyle balance.</li> </ol>

	<p>2. building capabilities among LHD, GPs, mental health, and youth justice service providers in responding appropriately to people with substance use disorders, with a focus on increasing uptake of the Drug and Alcohol Referral Pathways and the Stimulant Treatment Line.</p> <p>3. working with the NNSW LHD and NCPHN Mental Health Reform team to strengthen the integration and coordination of Drug &amp; Alcohol and mental health treatment services for people with co-occurring mental illness.</p> <p>Performance Measurement:</p> <ul style="list-style-type: none"> <li>• A minimum of 4 Aboriginal SMART Recovery Facilitators trained via the Project are convening SMART Recovery groups in Northern NSW</li> <li>• At least 8% of people attending a SMART Recovery Groups are Aboriginal</li> <li>• A minimum of two SMART Recovery Groups providing support to Aboriginal people</li> </ul> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Amendments to 2016-17 AWP:</p> <ul style="list-style-type: none"> <li>• Changed title from 'Activity Ab-D&amp;Ab'</li> <li>• Reordered sub-points of project to better reflect priority</li> <li>• Added performance measures.</li> </ul> </div>
Target population cohort	<p>Aboriginal health and social service providers</p> <p>NNSW mental health and D&amp;A services</p>
Consultation	<p>Project overseen by multiagency taskforce. Membership includes:</p> <ul style="list-style-type: none"> <li>• Bulgarr Ngaru Medical Aboriginal Corporation</li> <li>• Northern NSW LHD</li> <li>• NSW Police</li> <li>• Department of Education</li> </ul>
Collaboration	<p>Bulgarr Ngaru: Joint funder for earlier stage of the project</p> <p>Project works collaboratively with Department of Justice, Local Community Drug Action Teams, <i>Drug &amp; Alcohol Community Advisory Committee (DACAC)</i> and Consortium of Neighbourhood Centres.</p>
Indigenous Specific	Yes
Duration	1 July 2016- 30 June 2017

Coverage	NNSW
Commissioning method	Direct service delivery transition to wholly commissioned on 16 January 2017
Approach to market	Open tender
Decommissioning	NA

Proposed Activities	
Activity Title	<b>4. Aboriginal Medical Services alcohol and other drugs program and systems redesign.</b>
Existing, Modified, or New Activity	Existing Activity
Needs Assessment Priority Area	D&A(5) Effective Drug and Alcohol Treatment services for Aboriginal people, page 65.
Description of Drug and Alcohol Treatment Activity	<p>Rekindling The Spirit (RTS) and Lismore Aboriginal Health Service (Jullums) will pilot and evaluate a redesigned Alcohol and Other Drug (AOD) program that is aligned with the <i>National Drug &amp; Alcohol Research (NDARC) document 'Guidelines on the management of co-occurring alcohol and other drugs and mental health conditions in alcohol and other drug settings' (NDARC 2016)</i>. The guidelines will be amended to ensure that the service is culturally appropriate for the local community and that the service is tailored to meet the needs of each individual.</p> <p>The project is designed to test the effectiveness of the redesign operational systems in:</p> <ol style="list-style-type: none"> <li>1. improving access to evidenced based/best practice AOD treatment services for Aboriginal people in Lismore</li> <li>2. improving the integrations of Mental Health and AOD services</li> <li>3. improving access to early intervention AOD services for Aboriginal young people; and</li> <li>4. making it easier for Aboriginal people to access and remain connected to services</li> </ol> <p>Expected Outcome: Increased access to person-centred shared care drug and alcohol treatment services for Aboriginal people in NNSW</p> <p>Performance Measure:</p>

	<ul style="list-style-type: none"> <li>Percentage of Jullums/RTS clients accessed and appropriately referred to AOD early intervention and treatment services as clinically indicated</li> <li>Number of system and procedure changes implemented to improve the coordination of care between MH and AOD services delivered within Jullum</li> </ul> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Amendments to 2016-17 AWP:</p> <ul style="list-style-type: none"> <li>Changed title from 'Activity Ab-D&amp;Ac'</li> <li>Added performance measures.</li> </ul> </div>
Target population cohort	Aboriginal people living in the Lismore area
Consultation	The key consultation has been with the RTS / Jullums Community Advisory Committee (CAC), in particular with the steering committee of the CAC. This group is representative of the community of concern
Collaboration	<p>The project will enable AOD, physical and mental health services to be delivered on site at Jullums, with direct links to specialist services from the:</p> <ul style="list-style-type: none"> <li>Local Area Health Service for Acute and severe mental health or for clients with existing diagnosed mental illness and AOD Detoxification services</li> <li>Namatjira Haven for AOD residential rehabilitation; and</li> <li>Rekindling The Spirit for complex AOD, social and emotional wellbeing and family violence counselling, men's and women's group therapies</li> </ul>
Indigenous Specific	Yes
Duration	1 January 2017 to 30 June 2018
Coverage	Lismore and immediate surrounding area
Commissioning method	Wholly commissioned
Approach to market	Open tender
Decommissioning	NA

## Activities which will no longer be delivered under the Schedule – Drug and Alcohol Treatment Activities

Planned activities which will no longer be delivered	
Activity Title / Reference	Activity D&Ad
Description of Activity	Capacity Building Projects
Reason for removing activity	Tender opportunity had provision for demonstration projects and/or capacity building projects. No capacity building projects were awarded funding.
Funding impact	Alternative activities have been funded as outlined in Activity 4: Primary Care Drug and Alcohol Treatment (Counselling and Care Coordination).